



## 2018-2019 Indoor Recreational League

### U4 & U5 Coed Development - Saturday

Email: [admin-rec@pickeringssoccer.ca](mailto:admin-rec@pickeringssoccer.ca)

Team	Colour	Sponsor	Head Coach	Ass't Coach
U4 - 1	Lime		Jason Sampson	

Team	Colour	Sponsor	Head Coach	Ass't Coach
U5 - 1	Black		Lyndon Phillips	
U5 - 2	Teal		Esmail Mamdani	

**All Sessions at the Pickering Soccer Centre on Saturday at 9 am**

**All Teams on Field B**

Group/Field	Oct 27	Nov 3	Nov 10	Nov 17	Nov 24	Dec 1	Dec 8	Dec 15	Jan 5
U4 & U5 - B	✓	✓	✓	✓	✓	✓	✓	✓	✓

Group/Field	Jan 12	Jan 26	Feb 2	Feb 23	Mar 2	Mar 23	Apr 6	Apr 13	Apr 27
U4 & U5 - B	✓	✓	✓	✓	✓	✓	✓	✓	✓

#### RULES/NOTES

- **Shinpads are mandatory Jewellery is not to be worn**
- All sessions start at scheduled times. Please be at field **15 minutes** prior to start
- **Sessions will include soccer drills, physical literacy and a game of 3 players vs 3 players**
- If you are unable to attend a session please contact your team leader

**PICTURE DAY – Saturday, January 26, 2019 Time TBA**

PHONE: 905-831-9803 FAX: 905-239-0067

**No sessions on Dec 22, 29, Jan 19, Feb 9, 16, & Mar 16, 30**

WEBSITE: [www.pickeringssoccer.ca](http://www.pickeringssoccer.ca)

**EMAIL: Recreational Administrator: [admin-rec@pickeringssoccer.ca](mailto:admin-rec@pickeringssoccer.ca)**