



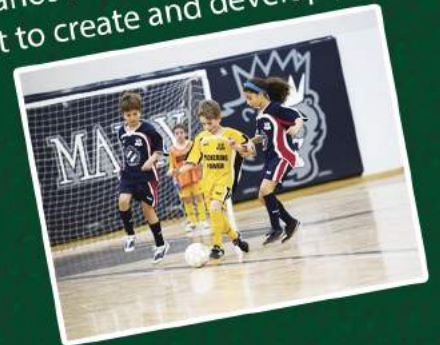
FUTSAL

PROGRAM DETAILS:

Futsal is a fun modified indoor version of 5 a side soccer in which players play 4 players and 1 goalie using modified goals, lines and rules for a fast-paced experience. The players use a size 4 ball with 30% reduced bounce and unique net sizes (3m x 2m). This creates scenarios where players will have to understand off-the-ball movement to create and develop plays.

BENEFITS:

- More emphasis on ball play
- Confidence on the ball
- Better ball retention
- FUN
- Focus on technique & individuality
- Better decision-making in 1v1 situations



PHILOSOPHY:

- To promote a smaller, more technique driven game
- Create an environment focused on providing fun game play
- Use the indoor space to provide a fun experience for players to become technically competent with fundamental skills

COST: \$149/PSC Members \$179/PSC Non-Members

LOCATION: Dunbarton High School

AGES: U8-U14 Girls/Boys

REGISTER TODAY!

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For more information visit us at 1975 Clements Rd. Pickering or call 905-831-9803