



**RULES
MANUAL
FOR
INDOOR
FUTSAL
(REC)
U6-U19**

2011-12

*COACHING GUIDELINES,
RULES OF PLAY AND OTHER
REGULATIONS COVERING
INDOOR SOCCER WITH THE
PICKERING SOCCER CLUB*

FOR USE BY
COACHES,
ASSISTANTS,
COORDINATORS
AND REFEREES



Pickering Soccer Club - Indoor Soccer Rules - 2011-2012

1. Only players registered with the Pickering Soccer Club's winter indoor recreational program are eligible to participate in league play.
2. The wearing of shin guards is mandatory. **No jewelry is permitted.** Appropriate athletic shoes for use in a gym are required.
3. A game sheet must be supplied to the referee prior to the start of the game. Game sheets will be held by the referee till the final game of the day, and the coordinator for each gym will pick them up at the end of the day. No standings will be kept.
4. All games will be started within 5 minutes of the scheduled start time.
5. Any team that does not have a minimum of 4 players will forfeit the game. If both teams still wish to scrimmage and the team with more players can loan players out, this can be done.

PLAYING RULES

Games will be played as follows:

U6	5 v 5 (4 plus goalie)	U8	5 v 5 (4 plus goalie)
U10	5 v 5 (4 plus goalie)	U12	4 v 4 (3 plus goalie)
U14	4 v 4 (3 plus goalie)	U19	4 v 4 (3 plus goalie)

The first ten minutes of each session is to be a practice/warm up.

Except for U19, games are divided into 4 ten minute quarters. For all teams, there is a 5 minute break between halves. A drop ball will restart the game if required.

- In the U6 and U8 divisions, the players change every 5 minutes at referees' discretion.
- Coaches for U6 are allowed to be on the playing surface in their own half, but not in the goal crease. If a coach prevents a goal, a penalty shot will be awarded.
- In U10, U12, U14 and U16, players change at the end of each quarter.
- In U19 players change on the fly.
- Goalkeepers may only change at the end of each quarter, except in the case of an injury.

Referee to do coin toss to decide which team takes first kick.

The ball is kicked from center (either forward or back) to start the game, after a goal has been scored and at the beginning of the second half.

Goals cannot be scored directly from the center kickoff.

In U6, U8, U10, U12 and U14, no player is allowed to play the position of goalkeeper for more than half the game.

Each coach must adhere to the equal playing time policy for the house league. *See Policy 16-3 at end of document.* Please note that no player including goal keeper, may play the full game until all other players have played $\frac{3}{4}$ of the game.



Pickering Soccer Club - Indoor Soccer Rules - 2011-2012

The ball is considered out of play if it has passed the sideline or touched the superstructure of the building (roof, ceiling or basketball net). **WALLS are considered OUT OF PLAY.** If the ball is considered out of play, an indirect free kick will be awarded to the opposing team. The kick will be taken from where the ball goes out of play. A goal **CANNOT** be scored directly from an indirect kick. If the ball passes over the goal line as the result of an indirect kick, a goal kick or corner kick will be awarded. There is no offside infraction.

Referees will caution/yellow card any player intentionally slide tackling and will award an indirect kick to opposing team.

An attacking player is allowed in the other team's goal area only to get possession of a loose ball. An attacking player **CANNOT** shoot or score a goal from inside the goal area; this includes deflections off an attacking player who is in the goal area.

Any goal scored, while a player from the scoring team is in the opponent's goal area and in the referee's opinion is obstructing the goalkeeper, will be disallowed. This infraction will result in an indirect kick being awarded to the opposing team.

No person other than the goalkeeper is allowed to touch the ball with his or her hands when the ball is inside the goal area. If a defending player intentionally touches the ball with his or her hands inside the goal area a penalty shot will be awarded.

The penalty shot: In the U6 division, the shot will be taken from a distance of 6 paces. In the U8 to U19 division the shot will be taken from 10 paces. All other players must stand behind center line. If a goal is not scored, play will resume with a keeper's ball.

When the goal keeper saves the ball with their hands, they may throw the ball into play or put the ball down and play it with their feet. **No drop kicks allowed.** Balls cannot be kicked or thrown past the half line and must be passed to a team player (attempt must be there). Any throw or pass from the goal keeper that goes over the half line before being touched by another player will result in an indirect kick to the opposing team on the half line where the ball crossed. The goalie may only hold the ball for six seconds – known as the "six-second rule".

If the goalkeeper does not touch the ball with his hands, the rule above does not apply and the goalkeeper acts as a player.

There are no direct kicks, apart from the penalty shot. All fouls shall result in an indirect free kick being awarded to the opposition. All players from the opposing team must stand at least 2 yards away from the ball when an indirect kick is being taken.

All indirect free kicks must be passed to a teammate before scoring. An indirect kick may not be deliberately aimed at an opposing player or at the opposing goal. If deemed deliberate the referee must award an indirect free kick to the defending team.

If a player receives one red card or two yellow cards in a game, they will be automatically ejected from the game, and a disciplinary review will be scheduled. The player may continue to play with his/her team in subsequent games, until they receive the review decision.

If no referee arrives for a game, please play on using a parent as a referee.



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CUP Games

The Year End Tournament has been modified to incorporate a new format. Your regular season schedules will now include three (3) noted CUP games, one in December, one in January and one in February. From a statistical perspective, it is the CUP games played during the regular season that drive the Year End Tournament. They are used to determine seeding for the tourney games.

CUP games can end in a tie. Points are awarded as normal. Results of the CUP games will lead to seedings and year end tourney games will be scheduled based on those standings.

In the event of a tie, for seeding purposes, tie breaker rules are as follows:

- Head to head play during CUP games
- Greatest goal difference (goals for and against) with a maximum of 3 goals awarded per CUP game (EG: if you win 2-1 your goal differential will be 1; if you win 8-3 your goal differential will only be 3)
- The team that has the least total goals scored against them
- The team that has scored the most goals (includes all goals scored)

Each team is guaranteed to play on the Sunday of the year end tournament.

POLICY 16-3 EQUAL PLAYING TIME POLICY FOR THE HOUSELEAGUE

One of the major aims of the Pickering Soccer Club is to promote, develop, and govern the game of soccer in the City of Pickering. One of the ways to achieve this aim is to provide equal playing time for all players participating in our House League program. All directors, Coordinators and coaches should ensure that this policy is followed. We ask that parents monitor this policy as it applies to their child/children. If a parent believes that their child is not being treated fairly, they should discuss their concern with his/her coach. Should the concern not be effectively addressed, then the parent should contact, in writing, the appropriate house league director.

1. It is important to note that this league is recreational in nature. Coaches are therefore reminded that the Club's equal playing time policy for all players must be followed.
2. The Recreational Directors and the Division Coordinators will be monitoring teams to ensure that the coaches adhere to this policy.
3. Repeated contraventions of this policy could cause a coach to be disciplined.
4. Any infractions of club policy could result in disciplinary action as determined upon review by the Pickering Soccer Club Discipline Committee.